



CERTIFICATE OF PARTICIPATION

This is to certify that

Lizelle Strauss

Has successfully participated & completed the
42km The Spar Knysna Forest Marathon
held at Knysna.

TIME 05:25:40

PACE 07:45/km

GENDER 152 of 271

OVERALL 494 of 834

40+ 42 of 86

08 July 2023, Sat

Date



BoutTime

Signature

